



Palace  
Health Club

MENU

## LIGHT BITES



- Tomato, Basil and Mozzarella Brushetta**  £3.95  
Freshly chopped and resting on warm garlic bread
- Artisan Breads**  £3.75  
With balsamic olive oil and marinated olives
- Soup of the Day** £3.95  
Freshly made and served alongside a warm bread roll
- Zucchini Fritters**  £4.95  
Served with sour cream and spring onion
- Open North Atlantic Prawn Cocktail** £7.25  
On a bed of Cos lettuce, tomato and cucumber, served with Bloody Mary-Rose sauce and wholemeal bread
- Chicken Ceaser Salad** £9.25  
Cos lettuce, herb croutons, crispy bacon and chicken, tossed with homemade dressing and fresh parmesan
- Buffalo Mozzarella and Parma Ham Flatbread** £7.25  
Topped with peppers, artichoke, pesto and olives

## JACKET POTATOES



*Served with side salad and homemade coleslaw*

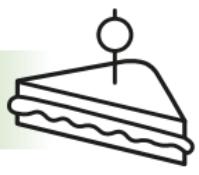
- The Classic - Cheese and Baked Beans**  £6.00
- North Atlantic Prawns with Bloody Mary Rose Sauce** £7.50
- Tuna Mayonnaise and spring onion** £6.95

## PIZZA SELECTION



- 12-inch Classic Margherita**  £8.50
- 12-inch Veggie Supreme**  £9.50  
Topped with peppers, artichoke, cherry tomato, onion, sweetcorn and basil
- 12-inch Meat Feast** £10.75  
A mixture of chicken, pepperoni, salami and sausage

# THE SANDWICH BAR



Choice of bread: white, wholemeal bread or baguette.

Gluten free bread is available.

## Cold Deli Sandwichies

Egg mayonnaise and water cress **£4.95**

Smoked salmon, cream cheese  
and spring onion **£7.00**

Roast chicken and crispy bacon  
with mayonnaise **£6.50**

North Atlantic prawns with a  
Bloody Mary-Rose sauce **£7.00**

Ham salad with Dijon Mayonnaise **£6.50**

Gem lettuce, tomato, horseradish aioli,  
whole grain bread

**Palace Club Ciabatta** **£8.25**

A classic combination of chargrilled chicken,  
bacon, lettuce and tomato, served with  
hand cut chips

**Chargrilled Minute Sirloin Steak Ciabatta** **£9.95**

With celeriac remoulade, dill pickle and  
hand cut chips

# TOASTED SANDWICHES



*Toasted bread sandwiches served with hand cut chips*

**BLT (Bacon, Lettuce and Tomato)** **£6.50**

**Bacon and Brie** **£6.50**

**Ham and Cheese** **£6.50**

**Cheese and pickle** **£6.25** 

## MAIN COURSE



### Steak and Mushroom Pie

£10.50

Served with hand cut chips, buttered garden peas and thyme gravy

### Beer Battered Cod

£10.50

Served with hand cut chips and mushy peas

### Leek and Wild Mushroom Quich **V**

£9.00

Topped with poached egg and dressed leaf salad

## FROM THE GRILL



*All meals from the grill are served with hand cut chips*

### Char-Grilled Gammon Steak

£10.50

Served with double fried egg or caramelised pineapple and garden peas

### 8oz Char-Grilled Bacon Burger

£11.50

Topped with bacon, mozzarella and cheddar in a brioche bun

## SIDES



### Hand Cut Chips

£3.75

### Beer Battered Onion Rings

£3.75

### Garlic Bread

£3.50

### Garlic Bread with Cheese

£4.00

### Coleslaw

£2.75

### Side Salad

£3.25

### Peppercorn, Diane or Bearnaise sauce

£2.25



## FOOD ALLERGIES AND INTOLERANCES

Please ask to speak to the Duty Manager or Restaurant Manager about your allergies or intolerances when making your order. They will be happy to discuss the ingredients in our meals and any substitutes that can be made.

All prices include VAT at the current rate

**V** Denotes vegetarian option

**Palace Health Club**  
at the Palace Hotel and Casino

**T:** 01624 682755

### Opening times

Monday - Sunday

Serving food from 11.30am - 9.00pm

 /PalaceHealth Club